

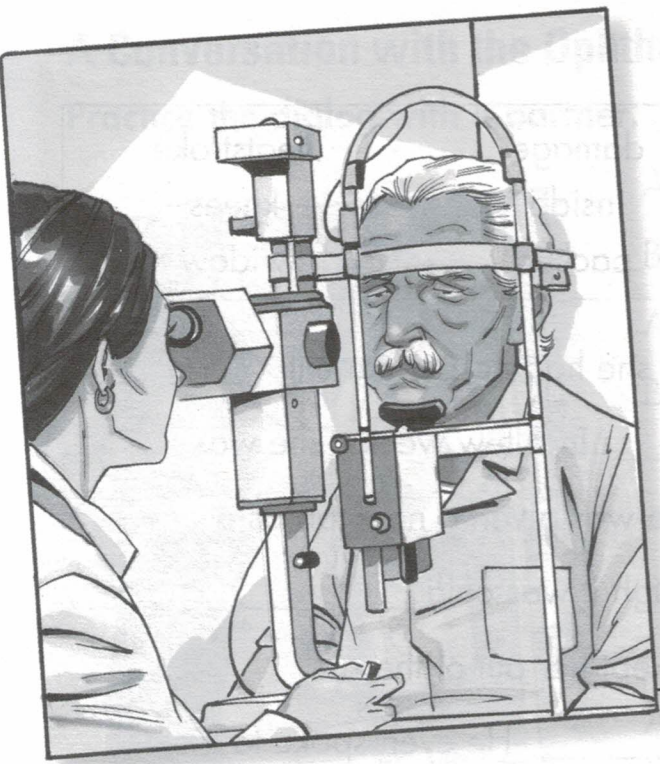
## Chapter 10 At Home Again



Inez returned from the hospital. Fortunately, she had no permanent damage from the heatstroke. In a few weeks, she was rested and healthy enough to return to work. She was given a new job as a packer in the farm's cooler. Although it was cold inside, the new job was less stressful physically, and it kept her out of the sun.

Rafael was delighted with this news. He even spoke to Inez a few times on the phone. Like Rafael, she was originally from Mexico. She was also a widow and a very nice person. Rafael expressed how grateful he was that she was okay. He repeated the advice he'd given to many workers in the cooler: "Take care of your back. Bend your knees when you lift something heavy. You don't want to return to the hospital with a back injury. Believe me, they're painful!"

At his home in Salinas, Rafael tried to relax. But he was bored. He missed living and working in a large community. He missed feeling productive. Although he loved his daughter and her family very much, he felt lost. "It will be different when your eyes are better," said Isabel. "You will feel much happier, I know."



At long last, Rafael went to see an ophthalmologist in Monterey. After the eye exam, the doctor confirmed that cataracts had seriously clouded his vision. He needed new artificial lenses in both eyes. "I know that surgery is scary," said the doctor. "But these operations usually go well. It's time for you to see the world again."

### Answer the questions.

1. When was Inez rested and healthy enough to return to work?
2. What new job was she given?
3. How was it less stressful? What did it keep her out of?
4. Who did Rafael speak to a few times on the phone?
5. Where was Inez originally from?
6. What did Rafael express?
7. What advice did he repeat to her?
8. What did Rafael try to do at his home in Salinas?
9. What did he miss? What did he miss feeling?
10. Who did Rafael go to see in Monterey at long last?
11. What did the doctor confirm after the eye exam?
12. What did Rafael need in both eyes?



## Complete the story.

advice	cooler	damage	heatstroke
hospital	injury	inside	knees
Mexico	news	packer	widow

Inez returned from the hospital. Fortunately, she had no permanent \_\_\_\_\_<sup>1</sup> from the \_\_\_\_\_<sup>2</sup>. In a few weeks, she was rested and healthy enough to return to work. She was given a new job as a \_\_\_\_\_<sup>3</sup> in the farm's cooler. Although it was cold \_\_\_\_\_<sup>4</sup>, the new job was less stressful physically, and it kept her out of the sun.

Rafael was delighted with this \_\_\_\_\_<sup>5</sup>. He even spoke to Inez a few times on the phone. Like Rafael, she was originally from \_\_\_\_\_<sup>6</sup>. She was also a \_\_\_\_\_<sup>7</sup> and a very nice person. Rafael expressed how grateful he was that she was okay. He repeated the \_\_\_\_\_<sup>8</sup> he'd given to many workers in the \_\_\_\_\_<sup>9</sup>: "Take care of your back. Bend your \_\_\_\_\_<sup>10</sup> when you lift something heavy. You don't want to return to the \_\_\_\_\_<sup>11</sup> with a back \_\_\_\_\_<sup>12</sup>."

## Meanings

Read each sentence. Look at the underlined word. Circle *a* or *b*.

- Fortunately, she had no permanent damage from the heatstroke.
  - lasting
  - serious
- Although it was cold inside, it was less stressful physically.
  - healthy
  - difficult
- He missed feeling productive.
  - scared
  - useful

# A Conversation with the Ophthalmologist

Practice the dialog with a partner.



- A. Thanks for seeing me today, Doctor.
- B. It's my pleasure.
- A. My eyes have gotten really bad.
- B. Yes, those cataracts have seriously clouded your vision.
- A. What do you suggest that I do?
- B. Well, you need cataract surgery. I'll put new artificial lenses in both of your eyes.
- A. That sounds a bit frightening.
- B. I know that surgery is scary. But these operations usually go well. It's time for you to see the world again.

## Past-Tense Verbs

**A. Write the present tense of the irregular past-tense verbs below.**

1. fell \_\_\_\_\_

5. took \_\_\_\_\_

2. went \_\_\_\_\_

6. spoke \_\_\_\_\_

3. felt \_\_\_\_\_

7. kept \_\_\_\_\_

4. bent \_\_\_\_\_

8. had \_\_\_\_\_

**B. Read the answers below. Then write the past-tense questions.**

1. \_\_\_\_\_

Yes, he spoke to Inez a few times on the phone.

2. \_\_\_\_\_

Yes, she bent her knees when she lifted the heavy box.

3. \_\_\_\_\_

Yes, he went to see an ophthalmologist in Monterey.

## Listening

Listen to the sentences. Write the missing words.

1. At his home in Salinas, Rafael tried to \_\_\_\_\_. But he was \_\_\_\_\_.
2. He \_\_\_\_\_ living and working in a large \_\_\_\_\_.
3. He missed feeling \_\_\_\_\_.
4. Although he loved his \_\_\_\_\_ and her family very much, he felt \_\_\_\_\_.
5. "It will be different when your \_\_\_\_\_ are \_\_\_\_\_," said Isabel.
6. At \_\_\_\_\_ last, Rafael \_\_\_\_\_ to see an ophthalmologist in Monterey.
7. After the eye exam, the doctor \_\_\_\_\_ that cataracts had seriously clouded his \_\_\_\_\_.
8. He needed new artificial \_\_\_\_\_ in \_\_\_\_\_ eyes.
9. "I know that \_\_\_\_\_ is \_\_\_\_\_," said the doctor.
10. "But these \_\_\_\_\_ usually go well. It's time for you to see the \_\_\_\_\_ again."

## Pronunciation

Check (✓) *d*, *t*, or *id* to show the pronunciation of the final sound in the past-tense verbs below.

- |              | <b>d</b> | <b>t</b> | <b>id</b> |              | <b>d</b> | <b>t</b> | <b>id</b> |
|--------------|----------|----------|-----------|--------------|----------|----------|-----------|
| 1. confirmed | _____    | _____    | _____     | 5. clouded   | _____    | _____    | _____     |
| 2. believed  | _____    | _____    | _____     | 6. expressed | _____    | _____    | _____     |
| 3. missed    | _____    | _____    | _____     | 7. respected | _____    | _____    | _____     |
| 4. loved     | _____    | _____    | _____     | 8. lifted    | _____    | _____    | _____     |



## What about you?

Circle **Yes** or **No**. Then write questions and ask your partner.

**Yes No** 1. I think that my job is physically stressful.

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**Yes No** 2. I have a job that keeps me out of the sun.

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**Yes No** 3. I sometimes give advice to co-workers.

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**Yes No** 4. I bend my knees when I lift something heavy.

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**Yes No** 5. I know how to prevent back injuries.

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**Yes No** 6. I live and work in a large community.

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**Yes No** 7. I think it's important to feel productive.

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## Topics for Discussion or Writing

1. In what types of jobs do people work inside? How can some of these jobs be stressful physically?
2. What are the advantages and disadvantages of living and working in a large community?
3. What kind of doctor is an ophthalmologist? What other medical specialties do you know of? What do these doctors do?