

Chapter 11 Cataract Surgeries



After years of procrastinating, Rafael finally went to an outpatient center in Monterey for his first cataract surgery. One month later, in September, he returned and had his second surgery. The results were amazing. Rafael could see better than he had seen in years. "It's a miracle!" he exclaimed to his daughter, Isabel. "It's like someone washed the dust off my eyes." Before long, he thought about driving again. His old truck had been parked in the garage for the past two years.

During his recovery, Rafael sat in his rocking chair on the front porch. Although he admired the clearer view, he didn't like sitting for long. When he was allowed to be more active, he helped his grandchildren plant a vegetable garden in the backyard. "Use the trowel to break up the earth," said Rafael. "Then dig a hole for the seed." Rafael and his grandchildren planted carrots, beets, broccoli, and squash. "The Salinas Valley is the perfect place to grow vegetables," said Rafael.

"I know," said his grandson, Ernesto. "That's why they call it 'the salad bowl of the world.'" Rafael enjoyed the garden that produced



food for his own family. But he truly missed the fields that produced food for everyone. Isabel noticed his restlessness. She knew how much he missed his job—and the company of his many friends and co-workers. That's why she wasn't upset when Lorenzo called her father early in November.

"We're getting ready to migrate to Arizona," said Lorenzo. "Are you coming?"

Answer the questions.

1. After years of procrastinating, where did Rafael finally go?
2. What did he do when he returned in September?
3. How were the results? How could Rafael see?
4. What did Rafael think about before long?
5. Where had his old truck been parked for the past two years?
6. Where did Rafael sit during his recovery?
7. What did he help his grandchildren do when he was more active?
8. What did Rafael and his grandchildren plant?
9. Why do people call the Salinas Valley "the salad bowl of the world?"
10. What did Rafael enjoy? What did he miss?
11. What did Isabel notice?
12. Why wasn't Isabel upset when Lorenzo called her father?

Complete the story.

backyard
grandchildren
recovery

dust
miracle
results

garage
outpatient center
September

garden
porch
truck

After years of procrastinating, Rafael finally went to an _____¹ in Monterey for his first cataract surgery. One month later, in _____², he returned and had his second surgery. The _____³ were amazing. Rafael could see better than he had seen in years. "It's a _____⁴!" he exclaimed to his daughter, Isabel. "It's like someone washed the _____⁵ off my eyes." Before long, he thought about driving again. His old _____⁶ had been parked in the _____⁷ for the past two years.

During his _____⁸, Rafael sat in his rocking chair on the front _____⁹. Although he admired the clearer view, he didn't like sitting for long. When he was allowed to be more active, he helped his _____¹⁰ plant a vegetable _____¹¹ in the _____¹².

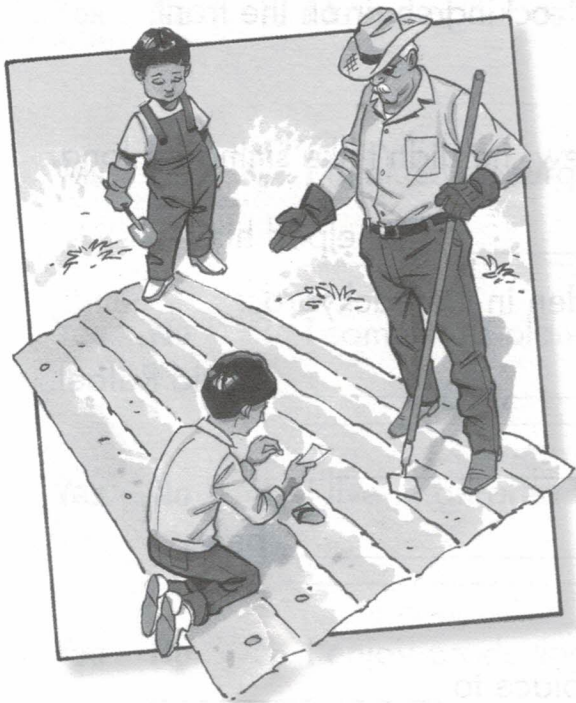
Meanings

Read each sentence. Look at the underlined word. Circle *a* or *b*.

- Isabel noticed his restlessness.
a. tranquility b. agitation
- That's why she wasn't upset when Lorenzo called her father early in November.
a. angry b. happy
- "We're getting ready to migrate to Arizona," said Lorenzo.
a. move b. walk

A Conversation in the Backyard

Practice the dialog with a partner.



- A. Are you ready to plant a vegetable garden?
 B. Yes, we're ready! What do we do first?
 A. First, use the trowel to break up the earth.
 B. Is this the right way?
 A. Yes. Then you need to dig a hole for the seed.
 B. So, I'll put the carrot seed in this hole.
 A. That's right. The Salinas Valley is the perfect place to grow vegetables!
 A. I know. That's why they call it "the salad bowl of the world."

Check the foods.

The Salinas Valley produces many vegetables and fruits. Here are some things that grow in the Salinas Valley. Check (✓) the things that can grow in your area. Write other vegetables or fruits on the lines below.

- | | | | |
|-------------------------------------|--------------------------------------|----------------------------------|---|
| <input type="checkbox"/> artichokes | <input type="checkbox"/> cauliflower | <input type="checkbox"/> leeks | <input type="checkbox"/> potatoes |
| <input type="checkbox"/> asparagus | <input type="checkbox"/> celery | <input type="checkbox"/> lettuce | <input type="checkbox"/> pumpkin |
| <input type="checkbox"/> beans | <input type="checkbox"/> corn | <input type="checkbox"/> okra | <input type="checkbox"/> spinach |
| <input type="checkbox"/> broccoli | <input type="checkbox"/> cucumber | <input type="checkbox"/> onions | <input type="checkbox"/> squash |
| <input type="checkbox"/> cabbage | <input type="checkbox"/> eggplant | <input type="checkbox"/> peas | <input type="checkbox"/> sweet potatoes |
| <input type="checkbox"/> carrots | <input type="checkbox"/> garlic | <input type="checkbox"/> peppers | <input type="checkbox"/> tomatoes |

Listening

Listen to the sentences. Write the missing words.

1. During his _____ Rafael sat in his rocking chair on the front _____.
2. Although he admired the _____ view, he didn't like sitting for long.
3. When he was allowed to be more _____, he helped his grandchildren plant a _____ garden in the backyard.
4. "Use the _____ to break up the _____," said Rafael.
5. "Then _____ a hole for the _____."
6. Rafael and his _____ planted _____, beets, broccoli, and squash.
7. "The Salinas Valley is the _____ place to _____ vegetables," said Rafael.
8. "I know," said his _____, Ernesto. "That's why they call it 'the _____ bowl of the world.'"
9. Rafael enjoyed the _____ that produced food for his own family.
10. But he _____ missed the _____ that produced food for everyone.

Pronunciation

Check (✓) *d*, *t*, or *id* to show the pronunciation of the final sound in the past-tense verbs below.

	d	t	id		d	t	id
1. produced	_____	_____	_____	5. migrated	_____	_____	_____
2. admired	_____	_____	_____	6. called	_____	_____	_____
3. parked	_____	_____	_____	7. enjoyed	_____	_____	_____
4. washed	_____	_____	_____	8. missed	_____	_____	_____

What about you?

Circle **Yes** or **No**. Then write questions and ask your partner.

Yes **No** 1. I know about outpatient centers in my community.

Yes **No** 2. I think some surgical results are amazing.

Yes **No** 3. I sometimes plant a vegetable garden.

Yes **No** 4. I live in an area that can grow many things.

Yes **No** 5. I enjoy producing food for my family.

Yes **No** 6. I sometimes feel restless.

Yes **No** 7. I sometimes miss the company of my friends and co-workers.

Topics for Discussion or Writing

1. What kinds of medical procedures can be done at an outpatient center? Where are some outpatient centers in your area?
2. What are some vegetables and fruits that are produced in your native country? What helps these things to grow well there?
3. What are some reasons that people can feel restless? What are some good ways to feel more productive?